



U.S. ARMY GARRISON GRAFENWOEHR

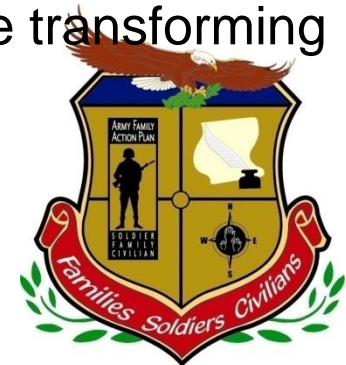


ACS Overview



Army Family Team Building - Army Family Action Plan

- **Army Family Team Building**
- **Level 1** - Acronyms, Customs & Courtesies, Community Resources, LES, etc...
- **Level 2** - Personal Development
- **Level 3** - Leadership/Professional Development
- **Volunteer training**
- **Army Family Action Plan (AFAP)**
- **Purpose:** To identify and prioritize issues impacting Soldier, Family, and civilian standards of living; to assist Army Leadership establish priorities for the transforming Army.





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Army Volunteer Corps

Volunteering:

- Make new friends and get involved in the community.
- Become involved in something that is meaningful to you.
- Put volunteer experience on your resume.
- Assistance is always available.



www.myarmyonesource.com
volunteer registration web site



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Deployment Readiness

- Assist Commanders and Family Readiness Groups to build resilient community families.
- Helps families and soldier prepare for deployment.
- Teaches family members not only how to survive deployment, but how to thrive during deployment.



Earn promotion point credits with all Operation Ready classes!



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Military and Family Life Consultant Program

Provides non-medical, short term, situational problem-solving counseling services to individuals, couples, families, units, and FRG Groups.

Confidential and Free



Vilseck:
0152-0294-0761
Graf:
0152-0293-4290





Relocation Readiness

- **Relocation Support**

Help in and out-processing soldiers and families adapt to their new duty station

- Newcomers Orientation
- Translation Services
- Smooth Move
- Discover Your Neighborhood
- International Spouses Club
- Welcome to Bavaria!



- **Lending Closet**

- Great place to stop when first arriving or PCSing.
- Able to borrow pots, pans, dishes, and silverware at no cost.
- Bring in copy of your orders and you are able to borrow the items for 60 days.
- Donations are welcome!





Financial and Employment Readiness

• Financial Readiness

- Checking Account Maintenance
- “Dumping Debt”
- Home Buying
- Coupon Exchange Program
- Credit Management
- Investing
- AER Assistance
- Money Management



• Employment Readiness

- Work one-on-one with civilians to find the job they want
- Interview Skills class
- Resume building class
- Weekly emails about job postings





Family Services

- New Parent Support
- Home Visits
- Pregnancy Classes
- Infant Massage
- Support Groups
- Play Group
- Hospital Tours

EFMP Program

- SNUG(Autism Support Group)
- ADHD Support
- Climbing the Rainbow
- Respite Care Provider Training
- Respite Care Services(In-home or CYS)
- Coordinate Services for EFM's and community programs

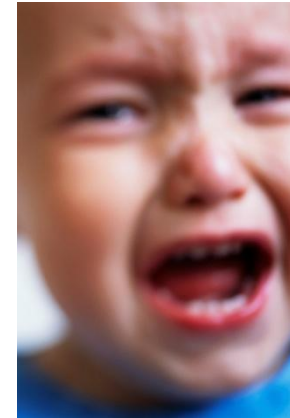




Child Abuse/ Domestic Violence

• Child Abuse

- Neglect –failure to provide basic necessities
- Physical -minor or major physical and internal injuries
- Emotional- berating, disparaging or other abusive behavior
- Sexual –rape, exploitation, incest, molestation
- Out of home –school, daycare, or any DOD settings



• Domestic Violence

- *Physical*- violence used to intimidate, control, or force the spouse/partner to do something against his/her will
- *Emotional*- a pattern of acts or omissions, such as violent acts that may cause no observable injury, that adversely affect the psychological well-being of the spouse/partner
- *Sexual*- forces sexual act upon a partner- marital rape





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Information and Referral

**USAG-G Army Community Services Offices
Can help you with:**



- Sign-up & register for ACS Classes.
- ACS Quarterly Schedule Booklet.
- Computer access, printer access.
- Where to get services or assistance.
- Shuttle Bus and Train Schedules.
- Info on local events and hotels.

And don't forget your **coupons** for savings in the Commissary and PX !